#TEAMABBEY THIS WEEK

WC: 9TH NOVEMBER

WEEK 2 OF THIS HALF TERM

Girl Power Day

On Friday 13th November, Abbey School will be celebrating Girl Power Day, a special event designed to promote confidence, resilience, equality and the importance of positive role models for all our pupils.

Assembly Theme

Rememberance Assembly

12th November

Family Coffee Morning

We would like to warmly invite parents, carers and family members to our Family Coffee Morning on 12th November, taking place on all school sites from 10:00am to 12:00pm. This is a wonderful opportunity to meet other families, chat with staff and find out more about what is happening across the school. We hope to see as many of you there as possible.

13th November

On Friday we will be celebrating Children in Need - Non Uniform and donate £1 towards the cause.

Thank you for your continued support. We look forward to another exciting and successful week at Abbey School. #TeamAbbey ⭐

Abbey School Quiz

QUIZ TIME!

🧱 Girl Power Day Family Maths Challenge

How Far Did We Move?

As part of Girl Power Day, pupils took part in inclusive sporting activities throughout the day.

Challenge:

There were 8 activity stations.

- 15 pupils completed all 8 stations.
- At each station, pupils travelled approximately 25 metres.
- Every pupil completed every station once.

Questions

1. How many station visits were completed altogether?
2. How many metres did all the pupils travel in total?
3. If the pupils travelled the same distance every day for a week (5 school days), how many metres would they travel altogether?
4. Can you convert this distance into kilometres?

Dates for Your Diaries

As we head towards the festive season, please save the following dates:

- Christmas Fayre – 25th November, 1:30pm - 3:00pm
- Horizon Christmas Show – 8th December, 1:30pm
- Lower School Christmas Show – 14th December, 1:30pm
- Upper School and Post-16 Christmas Show – 16th December, 1:30pm

Further details about each event will be shared with families nearer the time.

Family Meal Idea of the Week:

Rainbow Veggie Pasta Bake

A simple, affordable and nutritious family meal that links perfectly to Girl Power Day by celebrating colourful foods that help keep our bodies healthy, active and strong.

Ingredients (Serves 4)

- 300g pasta
- 1 red pepper, diced
- 1 yellow pepper, diced
- 1 courgette, diced
- 1 carrot, grated
- 1 tin chopped tomatoes
- 1 tsp mixed herbs
- 100g grated cheese
- Optional: cooked chicken or plant-based alternative

