#TEAMABBEY THIS WEEK

WC: 05TH OCTOBER

WORLD SPACE WEEK

Thursday 8th October

Parents Evening

We look forward to welcoming families to our Parents' Evening this week from 4:00pm to 6:00pm across all sites. This is a valuable opportunity to discuss your child's progress, celebrate achievements and talk about next steps in their learning journey.

Friday 9th October

World Mental Health Day

To mark World Mental Health Day, pupils are invited to wear something blue on Friday.
Throughout the day, pupils will take part in activities that encourage positive discussions around mental health, wellbeing and resilience. The day will provide opportunities for pupils to reflect on strategies that help them manage challenges and support their emotional wellbeing.

Student Leadership

We are currently reviewing and developing our student leadership opportunities across the school. Our aim is to provide meaningful roles that enable pupils to contribute to school life, develop confidence and have their voices heard.

Thank you for your continued support. We look forward to another exciting and successful week at Abbey School. #TeamAbbey ⭐

Assembly Theme

Being Healthy and Resilient

Abbey School Quiz

Question: What are the three words that make up the Abbey School motto?

A) Learn, Grow, Succeed
B) Aspire, Believe, Achieve
C) Inspire, Believe, Achieve
D) Dream, Learn, Achieve

Reminders

Express Phase

13th October: Lower School Express Phase: 1:30-2:30PM

14th October: Upper School and Horizon Express Phase Events 1:30-2:30pm.

Family Meal Idea of the Week:

Chicken & Veggie Wraps
A healthy, affordable meal that the whole family can help prepare!

🛒 What You'll Need

- Wholemeal wraps
- Cooked chicken (or chicken strips)
- Lettuce
- Tomatoes
- Cucumber
- Grated cheese (optional)
- Low-fat yogurt or light mayonnaise

Last week's childhood photo was Mrs Windle did you get it right?